Ohio River Regional Chapter of the American Association of Clinical Endocrinologists
19th Annual Meeting

Blackwell Inn @ OSU Campus
2110 Tuttle Park Place
Columbus, OH 43210

July 28-29, 2017

Program Committee
George Borst, MD; Program Chair
Angelo Licata, MD, PhD, FACP, FACE; President
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Mario Skugor, MD, FACE
Kathleen Wyne, MD, PhD, FNLA, FACE
Robert Zimmerman, MD, FACE

FRIDAY, JULY 28, 2017

6:00 – 7:00 pm Diabetes & Dermatology
Alok Vij, MD, FAAD
Objectives:
1. List several common cutaneous complications associated with diabetes
2. Discuss differential diagnoses of some skin disorders which afflict patients with diabetes
3. Discuss management of common skin diseases in diabetic patients

7:00 – 7:15 pm Break / Buffet Dinner

7:15 – 7:30 pm Business Meeting

7:30 – 8:30 pm Oral Abstract Presentations

8:30 – 9:15 pm Welcome Reception

SATURDAY, JULY 29, 2017

7:00 – 7:45 am Registration & Breakfast

7:45 – 8:15 am Welcome & Pre Meeting Assessment
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:15 – 8:55 am Pharmacotherapy of Obesity
Tim Garvey, MD, FACE
Objectives:
1. Understand pathophysiology of obesity as a chronic disease
2. Develop a practical working knowledge of obesity pharmacotherapy, and the utilization of weight loss medications in the context of comprehensive care
3. Understand how to apply the AACE obesity clinical practice guidelines in real-world care of patients with obesity

8:55 – 9:05 am Q & A
9:05 – 9:45 am  
**Endocrine Effects of Anti-Tumor Immunotherapy Agents**  
Mabel Ryder, MD  
Objectives:  
1. Identify the most common endocrine-related adverse effects of immune checkpoint inhibitors  
2. Review the clinical presentation and management of hypophysitis  
3. Review the clinical presentation of immune-therapy induced thyroid dysfunction

9:45 – 9:55 am  
**Q & A**

9:55 – 10:30 am  
**Break**

10:30 – 11:10 am  
**2017 AACE Lipid Guidelines**  
Paul Jellinger, MD, MACE  
Objectives:  
1. Understand the AACE ASCVD Risk categories, identity the new “extreme risk” category, review the evidence of support and the LDL treatment goals  
2. Review the Risk Calculators identified in the Guidelines  
3. Review other aspects of the 2017 AACE Lipid Guidelines

11:10 – 11:20 am  
**Q&A**

11:20 – 12:00 pm  
**Menopause and Hormone Therapy**  
Holly L. Thacker, MD, FACP, CCD, NCMP  
Objectives:  
1. Discuss menopausal hormone and non-hormonal therapies  
2. Define GSM and FIASD and first in class therapies  
3. Detail benefits and risks of ET vs EPT therapies

12:00 – 12:10 pm  
**Q & A**

12:10 – 1:10 pm  
**Lunch**

12:20 – 1:00 pm  
**My Journey in Endocrinology**  
Sam Cataland, MD  
Objectives:  
1. List some advances in managing diabetes in the past several years  
2. Relate microvascular benefits with better glucoregulation  
3. Appreciate and relate the role of technology in advancing Endocrinology

1:10 – 1:50 pm  
**Beyond Bisphosphonates & Glucocorticoid induced Osteoporosis**  
Robert A. Adler, MD  
Objectives:  
1. Recognize the potential use of newer drugs for osteoporosis  
2. Comprehend the rationale for the new GIOP Guideline  
3. Approach the management in the difficult GIOP patient

1:50 – 2:00 pm  
**Q & A**

2:00 – 2:40 pm  
**Recent Advances in Neuroendocrine Tumors: Diagnostics and therapeutics**  
Manisha Shah, MD  
Objectives:  
1. Understand Recent Advances in Diagnostics of Neuroendocrine Tumors  
2. Understand recent advances in Therapeutics of Neuroendocrine Tumors  
3. Understand benefits/risks of therapeutics

2:40 – 2:50 pm  
**Q & A**

2:50 – 3:20 pm  
**Break**
3:20 – 4:00 pm  The Practical Application of Diabetes Technology: From pumps, CGMs to apps
Elizabeth Snyder, RD, LD, CDE
Objectives:
1. Identify current diabetes apps and their benefits
2. Explain to patients how to use apps to improve carb counting skills
3. Explain to patients how to use apps to track glucose and insulin doses

4:00 – 4:10 pm  Q & A

4:10 – 4:50 pm  Management of Cushing's Disease in the Patient Who Has Failed Surgery
Mark E. Molitch, MD, FACP
Objectives:
1. List 3 medications effective in the treatment of Cushing's disease
2. List 3 adverse effects of mifepristone treatment
3. Describe differences on glucose metabolism of the two approved treatments for Cushing's disease

4:50 – 5:00 pm  Q & A

5:00 – 5:15 pm  Post Meeting Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

5:15 pm  Adjourn