Upper New York Chapter of the American Association of Clinical Endocrinologists
2017 Annual Meeting
Woodcliff Hotel & Spa
199 Woodcliff Dr
Fairport, NY 14450

Saturday, October 14, 2017

7:15 – 8:00 a.m.  Registration / Breakfast

8:00 – 8:15 a.m.  Introduction / Pre-meeting Assessment
Zachary Freedman, MD, FACE - Program Chair
Jennifer Kelly, DO, FACE – UNY-AACE Chapter Chair
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:15 – 8:55 a.m.  Polycystic Ovary Syndrome: Are androgen all bad in a woman?
Stephen Hammes, MD, PhD
Objectives:
1. Diagnose PCOS
2. Treat PCOS
3. Understand how androgen regulate female fertility

8:55 – 9:35 a.m.  Weight Management Strategies
Beth Anne Piper, MD
Objectives:
1. Review Pathophysiology
2. Optimizing Lifestyle Tools
3. Navigating Treatment Options

9:35 – 10:05 a.m.  Break

10:05 – 10:45 a.m.  Endocrine Issues in Cystic Fibrosis
Marisa Desimone, MD
Objectives:
1. Understand the prevalence and implications of diabetes in the cystic fibrosis population
2. Understand the prevalence and implications of bone disease in the cystic fibrosis population
3. Understand the guidelines related to vitamin D deficiency in the cystic fibrosis population

10:45 – 11:25 a.m.  Successful Achievement of Glycemicgolas in Primary Care Through an Empowered CDE Program
Ajay Chaudhuri, MD, FACE
Objectives:
1. Describe the role of Empowered CDEs in improving glycemic control
2. Discuss the types of intervention by CDEs that leads to improvement in glycemic control
3. Propose an empowered CDE program

11:25 – 11:45 a.m.  Morning Sessions Q&A
11:45 – 12:30 p.m.  Lunch / Business Meeting

12:30 – 1:10 p.m.  **Pumps & Sensing: Alone for so long, but together at last!**  
Steven D. Wittlin, MD  
Objectives:  
1. Understand the benefits of insulin pumps  
2. Understand the benefits of continuous glucose monitoring  
3. Select appropriate patients for pumps, sensing and hybrid closed loop pumps

1:10 – 1:50 p.m.  **Testosterone Treatment in Hypogonadal Males**  
Paresh Dandona, BSc, MD, D.Phil, FRCP, FACP, FACC, FACE  
Objectives:  
1. Understanding of male hypogonadism  
2. Hypogonadism in diabetes and obesity  
3. Understanding of the actions of testosterone

1:50 – 2:20 p.m.  Break

2:20 – 3:00 p.m.  **Management of Diabetes after Solid Organ Transplantation**  
Aidar Gosmanov, MD, PhD, FACE  
Objectives:  
1. Understand importance of diabetes management after transplantation  
2. Recognize posttransplant risk factors that impair glucose metabolism  
3. Review therapeutic options and develop practical approach in management of hyperglycemia after transplantation

3:00 – 3:15 p.m.  **Afternoon Sessions Q&A**

3:15 – 3:30 p.m.  Post-program Assessment  
Objectives:  
1. Attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.