California Chapter of the American Association of Clinical Endocrinologists
Presents:
Hot Topics in Diabetes and Endocrinology for Primary Care
Embassy Suites Monterey Bay Seaside
1441 Canyon Del Rey
Seaside, CA 93955

June 10, 2017

7:00 – 7:50 AM  Breakfast / Registration

7:50 – 8:10 AM  Welcome & Pre Meeting Assessment
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:10 – 9:00 AM  New Advances in Pharmacotherapy in Management of Patients with Type 2 Diabetes
Herbert Rettinger, MD, FACE
Objectives:
1. How to implement the 2017 AACE Diabetes Algorithm into your practice (and make your life easier and patients happier!)
2. Utilize opportunities to meet and exceed quality indicators for T2DM Treatment: Evaluating options with focus on incorporating:
   • Incretin Rx (DPP4's and GLP-1) Therapy
   • SGLT2 Inhibitors-Potential and Pitfalls
3. Discuss current DM medications that improve CV risk independent of glucose lowering

9:00 – 10:00 AM  Utilizing Current and Novel Basal Insulin Formulations in Practice, and, How to Incorporate Ambulatory Glucose Profile to Go Beyond A1C and Reduce Variability and Hypoglycemia
Etie Moghissi, MD, FACP, FACE
Objectives:
1. Recognize when advanced Beta Cell failure is present and basal insulin is necessary
2. Know when the newer basal insulin formulations are indicated and how to use these with other agents such as GLP-1 agonists
3. Incorporate the newest methods to collect and interpret blood glucose data in your practice
4. Identify key components in evaluating the ambulatory glucose profile in order to minimize glucose variability and hypoglycemia of patients with diabetes

10:00 – 10:30AM  Break

10:30 – 11:00 AM  New Approaches to Cardiovascular Risk Management
Chris Guerin, MD, FNLA, FACE
Objectives:
1. Understand why we have to move beyond LDL-C alone to lower risk further
2. Introduce the New AACE Lipid Guidelines
3. Incorporate new agents to lower LDL cholesterol into a treatment paradigm
4. Be able to recommend optimal dietary regimens for patients with diabetes and cardiovascular risk factors.

11:00 – 11:10 AM  Q&A
**11:10 – 11:40 AM**  
**Successful Obesity Management and Counseling**  
Michael Bush, MD  
Objectives:  
1. How to communicate to your patients about obesity and its associated health consequences and co-morbidities while acknowledging their main motivations  
2. Utilize the newest pharmacologic agents approved for use in obese patients  
3. Navigating billing procedures and insurance coverage (or lack thereof) for weight management in appropriate patients

**11:40 – 11:50 AM**  
Q&A

**11:50 – 12:20 PM**  
**New Advances in Management of Osteoporosis**  
David Chappell, MD  
Objectives:  
1. Enable Primary Care to be at the forefront of Fracture Risk Assessment and Osteoporosis Diagnosis  
2. Be able to undertake a Workup for Evaluating Secondary Causes of Osteoporosis and know when to refer out.  
3. Utilize Appropriate Treatment Modalities in Management of Patients with Osteoporosis  
4. Describe Non-Pharmacological Strategies for Fracture Prevention in Patients with Osteoporosis

**12:20 – 12:30 PM**  
Q&A

**12:30 – 12:45 PM**  
**Post Meeting Assessment**  
Objectives:  
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

**12:45 PM**  
Adjourn