

AACE Journey for Patients with Obesity

CONTEMPLATION

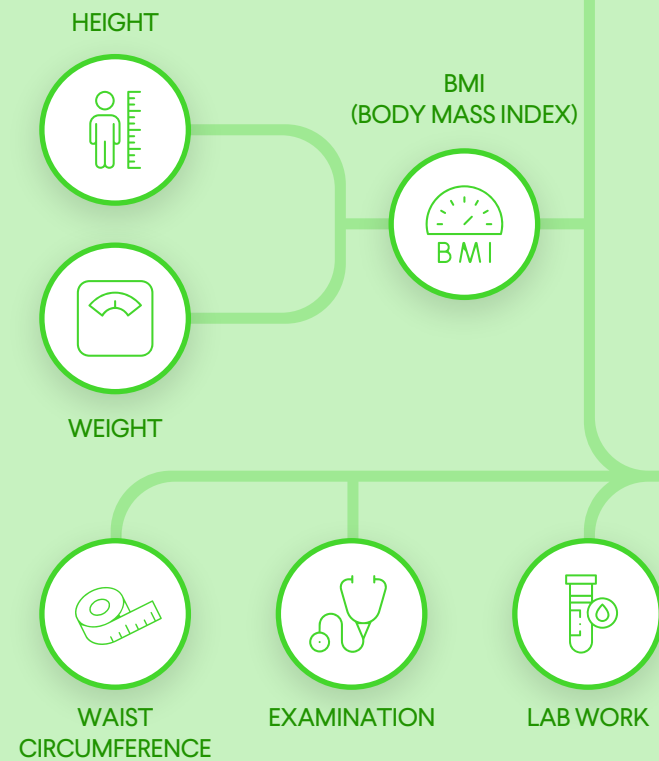
ASSESS
READINESS

HOW TO TALK
TO YOUR HCP

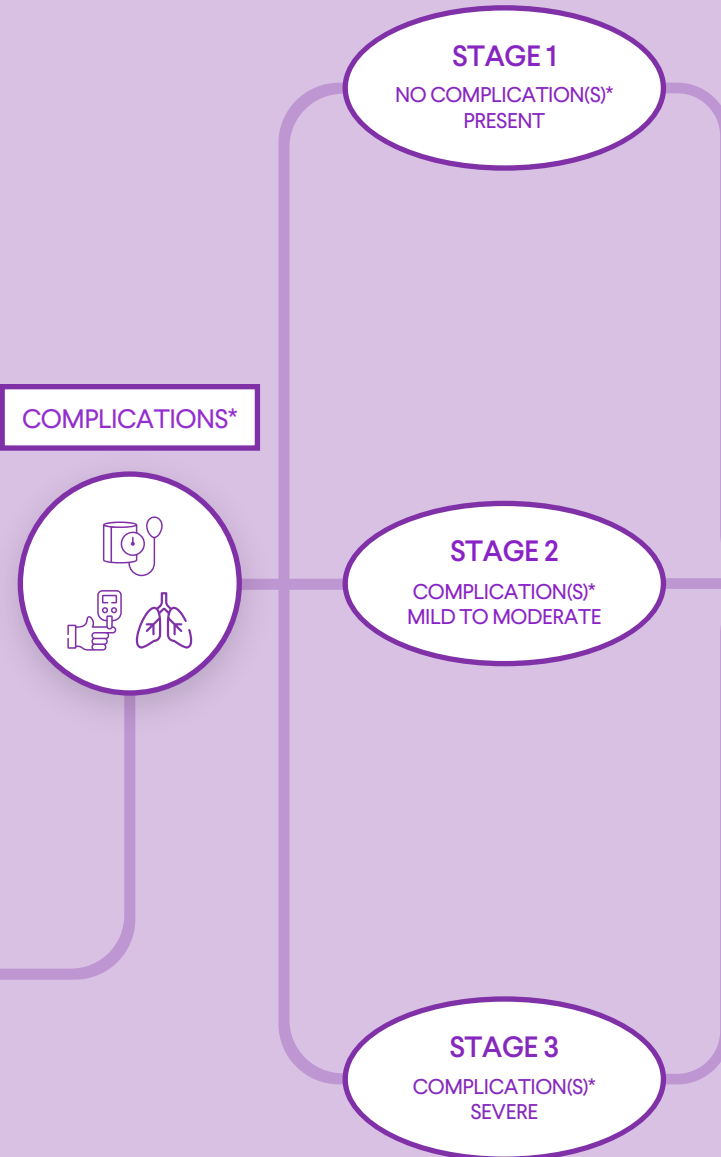
YOUR LIFE
CIRCUMSTANCES



INITIAL ASSESSMENTS



DIAGNOSIS AND STAGING



* Complications could include high blood pressure, prediabetes, type 2 diabetes, heart disease, nonalcoholic fatty liver disease, osteoarthritis, and more.

Work with your health care professional to develop a personalized treatment plan.

TREATMENT OPTIONS AND SETTING REALISTIC GOALS



CARE AND CONTINUITY

