AACE Patient Journey of Diabetes Technology

Contemplation

Key Facts About Diabetes Management Technology

Current Health Status

Tech Already Utilized

Patient Checklist

Technology Literacy
Access To Wi-Fi/Internet
Access To Care/Social Determinants of Health
Cost/Insurance Coverage
Patient Preferences

Initial Assessments

Non-Insulin User

Additional Considerations → Type of Device

Insulin User

Additional Considerations → Type of Device

Planning and Treatment

Education and Expectation Setting

Device Setup and Customization

Reevaluation:
BGM/A1C
Time in Range
Quality of Life

Adjust insulin or other medications; lifestyle modifications

Change to new/ different technology

Maintenance

Status change may result in revisiting initial assessment (addition of insulin, pregnancy, etc)

Care and Continuity

- Support Groups
- Optimal Glucose (Blood Sugar) Control
- Healthy Lifestyle
- Management of Other Health Conditions
- Changes in Health Conditions or Lifestyle
- Restorative Sleep
- Stress Management

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