Program Agenda

Friday, November 4, 2016
7:00 – 9:30 p.m. Reception

Saturday, November 5, 2016
7:00 – 8:00 a.m. Continental Breakfast
8:00 – 8:10 a.m. Welcoming Remarks
8:10 – 8:20 a.m. Pre Meeting Assessment
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:20 – 9:05 a.m. Gender Non-conforming/ Transgender Youth: Current concepts, management, & barriers to care
Stephen Rosenthal, MD
Objectives:
1. Understand current concepts regarding the biology of gender identity
2. Understand the roles of pubertal blockers and cross-sex hormones in the management of transgender youth/adolescents
3. Understand gaps in knowledge and priorities for research in the care of transgender youth
9:05 – 9:15 a.m. Question & Answer

9:15 – 10:00 a.m. Hormone Therapy for Symptoms of Menopause
Cynthia Stuenkel, MD
Objectives:
1. Describe the risks and benefits of hormone therapy for symptomatic postmenopausal women
2. Utilize appropriate screening tools to advise patients regarding baseline health concerns and therapeutic options
3. Individualize patient approach regarding type, route of administration, duration, and alternatives to hormone therapy
10:00 – 10:10 a.m. Question & Answer

10:10 – 10:40 a.m. Break

10:40 – 11:25 a.m. 2016 AACE Guidelines for Postmenopausal Osteoporosis
Pauline M. Camacho, MD, FACE
Objectives:
1. Discuss the latest recommendations for the diagnosis and treatment of postmenopausal osteoporosis
2. Review the 2016 AACE Postmenopausal Osteoporosis Treatment Algorithm
3. Discuss controversies in the long term management of postmenopausal osteoporosis
11:25 – 11:35 a.m. Question & Answer

11:35 – 11:55 a.m. CA AACE Business Meeting
11:55 – 1:00 p.m. Lunch

1:00 – 1:50 p.m. A Conundrum with Calcium
Michael Yeh, MD, FACE
Objectives:
1. Understand the differential diagnosis of hypercalcemia
2. Discuss strategies in uncovering unusual causes of hypercalcemia
3. Consider multifactorial mechanisms for hypercalcemia

1:50 – 2:00 p.m. Question & Answer

2:00 – 5:00 p.m. Symposium: “Thyroid Cancer Symposium”
2:00 – 2:40 p.m. 2016 American Thyroid Association Thyroid Nodule and Cancer Guidelines
Angela Leung, MD, MSc, ECNU
Objectives:
1. Describe the recommended workup of nontoxic thyroid nodules
2. Use thyroid fine needle aspiration biopsy result to develop plans for monitoring or surgical referral
3. Apply estimates of recurrence and mortality toward the long-term care of thyroid cancer patients

2:40 – 3:20 p.m. Surgical Approaches to Thyroid Cancer Care
Jessica Gosnell, MD
Objectives:
1. Discuss the indications and rationale for the surgical approach to thyroid surgery
2. Recognize the surgical complications of thyroid surgery
3. Discuss the recent guidelines for surgical therapy for thyroid cancer

3:20 – 3:40 p.m. Break

3:40 – 4:20 p.m. The Use of Radioactive Iodine for Differentiated Thyroid Cancer
Wendy Sacks, MD
Objectives
1. Distinguish between the different uses of radioactive iodine in the management of differentiated thyroid cancer (DTC)
2. Assess the postoperative thyroid cancer recurrence risk (low, intermediate or high) to facilitate the decision to use radioactive iodine RAI after initial surgical treatment
3. Apply the 2015 American Thyroid Association Guidelines for the short and long term follow-up of patients with DTC

4:20 – 4:50 p.m. Symposium Q&A / Panel Discussion

4:50 – 5:00 p.m. Post Meeting Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

5:00 – 6:00 p.m. Reception
Sunday, November 6, 2016

7:00 – 8:00 a.m.  Continental Breakfast

8:00 – 8:10 a.m.  Pre Meeting Assessment
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:10 – 8:50 a.m.  Technology in Diabetes Management
Irl B. Hirsch, MD
Objectives:
1. Describe state-of-the-art technology needs for an endocrinologist's office in 2016
2. Review basics of download interpretations for pumps/sensors
3. Review the technology on the horizon for diabetes management

8:50 – 9:00 a.m.  Question & Answer

9:00 – 9:40 a.m.  Engaging the Disengaged: Strategies for promoting behavior change in diabetes
Bill Polonsky, PhD, CDE
Objectives:
1. Discuss the latest research findings concerning poor motivation in diabetes care and the critical role of patient disengagement
2. Describe brief techniques for assessing the key contributors to patient disengagement
3. Identify practical methods for overcoming patient disengagement in diabetes clinical practice

9:40 – 9:50 a.m.  Question and Answer

9:50 – 10:05 a.m.  Break

10:05 – 10:45 a.m.  Treatment of Severe Hypercholesterolemia
Sergio Fazio, MD
Objectives:
1. Discuss lipid goals for CVD risk management according to the major national guidelines
2. Differentiate between lifestyle, supplemental, and pharmacologic choices to manage dyslipidemia
3. Evaluate strategies for accurate risk assessment and apply them in practice

10:45 – 10:55 a.m.  Question and Answer

10:55 – 11:35 a.m.  Diabetic Retinopathy
Steven D. Schwartz, MD
Objectives:
1. Understand risk profiles of retinopathy for patients with diabetes
2. Feel comfortable with modern terminology
3. Understand modern treatment paradigms

11:35 – 11:45 a.m.  Question and Answer

11:45 – 12:00 p.m.  Post Meeting Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

12:00 p.m.  Closing Remarks and Adjournment