Mid Atlantic Chapter AACE
Diabetes and Obesity: Management Strategies in 2016
November 5, 2016
Milken Institute School of Public Health Conference Center
George Washington University
950 New Hampshire Ave NW, Washington, DC 20037

8:00 – 9:00 AM    Registration / Breakfast

9:00 – 9:15 AM    Welcome / Pre Meeting Assessment
Objective:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve and consequential healthcare practices.

9:15 – 9:55 AM    New Developments in Diabetes Therapy: SGLT2's and GLP-1's
Anne Peters, MD
Objectives:
1. Review the pathophysiology of type 2 diabetes as it applies to GLP-1 and SGLT-2
2. Examine impact of SGLT-2 Inhibitors on glycemic and CVD outcomes
3. Discuss benefits of GLP-1 RA's on glycemia and CVD outcomes

9:55 – 10:35 AM    Insulin Therapy-What's New
Vivian Fonseca, MD, FRCP, FACE
Objectives:
1. Discuss new insulin preparations
2. Discuss insulin combinations - separate and fixed combinations
3. Future insulins (e.g. oral)

10:35 – 10:55 AM    Diabetes Q&A w/ Faculty

10:55 – 11:25 AM    Break

11:25 – 12:05 PM    A Behavioral Approach to Obesity
Karen Grothe, PhD, ABPP, LP
Objectives:
1. Describe components of behavioral interventions for obesity
2. Discuss parameters and outcomes for behavioral interventions for obesity
3. Engage patients in behavioral treatment for obesity

12:05 – 12:45 PM    Medical Management of Bariatric Surgery Patients
Maria Collazo-Clavell, MD, FACE
Objectives:
1. Recognize the expected clinical course after bariatric surgery depending on the operation performed.
2. Know the expected impact on weight related medical co-morbidities depending on operation performed.
3. Implement an appropriate surveillance strategy for the identification of nutritional deficiencies after bariatric surgery.

12:45 – 1:05 PM    Obesity Q&A w/ Faculty

1:05 – 1:15 PM    Post Meeting Assessment / Adjourn
Objective:
1. At the conclusion of the meeting, attendees will be able to measure learning that has occurred that will enable the use of new healthcare techniques and practices and to review and confirm existing care modalities.