California Chapter of the American Association of Clinical Endocrinologists
Presents:
Hot Topics in Diabetes and Endocrinology for Primary Care
Hyatt Regency Century Plaza • 2025 Avenue of the Stars • Los Angeles

Program Committee
Etie Moghissi, MD, FACP, FACE; Program Chair
Chris K. Guerin, MD, FNLA, FACE; CA AACE President

Saturday, June 27, 2015

7:00 – 8:00 AM  Breakfast / Registration
8:00 – 8:15 AM  Welcome / Pre-meeting Assessment

8:15 – 10:15 AM  Diabetes Update

• GLP-1 Receptor Agonists and Their Use with Oral Agents / Q&A
  Etie Moghissi, MD, FACE; Program Chair
  Objectives:
  1. Compare the safety and efficacy of GLP-1 receptor agonists vs other antihyperglycemic agents for T2D treatment
  2. Identify barriers to incorporating GLP-1 receptor agonists into treatment plans
  3. Incorporate GLP-1 receptor agonists into evidence-based, individualized T2D treatment plans

• Incorporating SGLT2 Inhibitors and Other New and Novel Agents into Clinical Practice / Q&A
  Chris K. Guerin, MD, FACE
  Objectives:
  1. Prescribe treatment options based on efficacy and secondary effects.
  2. Determine new mechanisms of action based on how they relate to the pathophysiology of T2DM
  3. Translate the science and art of these therapies into practical treatment regimens for the individual patient

• Insulin Initiation and Intensification / Q&A
  Dianne S. Cheung, MD, FACE
  Objectives
  1. Recognize patient circumstances when initiation of basal insulin is appropriate
  2. Apply strategies to overcome common barriers to injection and/or insulin use in patients with T2D
  3. Develop safe, effective, and guideline-based treatment plans for insulin intensification

10:15 – 10:45AM  Break

10:45 – 11:15 AM  Obesity as a Disease: Why it is a problem and how we asses and manage it
  Raymond Plodkowski, MD, FACE
  Objectives:
  1. Discuss obesity as a disease with patients
  2. Discuss office based obesity evaluation and weight management
  3. Evaluate and explore lifestyle changes and pharmacotherapy options for obesity

11:15 – 11:25 AM  Q&A
11:25 – 11:55 AM  **Osteoporosis the Silent Killer**  
Joseph B. Hawkins, Jr., MD, FACE  
Objectives:  
1. Define the magnitude and scope of the problem  
2. Perform fracture risk assessment and identify those to treat and not treat  
3. Discuss treatment options for osteoporosis

11:55 – 12:05 PM  Q&A

12:05 – 12:35 PM  **Thyroid: High, low and lumps that grow**  
Herbert I. Rettinger, MD, FACE  
Objectives:  
1. Evaluate thyroid function testing and determine probable cause of abnormalities.  
2. Interpret thyroid ultrasound nomenclature  
3. Recognize when to refer patients to an endocrinologist

12:35 – 12:45 PM  Q&A

12:45 – 1:00 PM  Post-meeting Assessment / Adjourn