Nevada Chapter of the American Association of Clinical Endocrinologists
Endocrinology for the Non-Endocrinologist
& Annual Meeting

September 23-25, 2016

Program Committee
Kenneth Izuora, MD, MBA, FACE; Program Chair
Paul V. Tomasic, MD, FACP, FACE; NV-AACE President
Lisa Abbott, MD
Bijan Ahrari, MD

Agenda

Friday, September 23, 2016
6:00 – 8:00 pm Welcome Reception

Saturday, September 24, 2016 – Endocrinology for the Non Endocrinologist
7:00 – 7:50 am Registration and Breakfast
7:50 – 8:00 am Welcome

Section 1– Bone & Calcium Section – Paul V. Tomasic, MD, FACE; Moderator
8:00 – 8:15 am Pre-Session Attendee Assessment
Objectives:
   1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:15 – 8:50 am Hypercalcemia and Parathyroid Disorders
W. Reid Litchfield, MD, FACE, ECNU
Objectives:
   1. Review the diagnostic workup for hypercalcemia
   2. Review the management of hyperparathyroidism
   3. Review the management of hypoparathyroidism

8:50 – 9:25 am Key Concepts in Understanding Bone Biology and the Treatment of Osteoporosis
M. Fariba Rahnema, MD, FACE, ECNU
Objectives:
   1. Distinguish between osteoporosis and osteopenia
   2. Discuss the pertinent aspects in the assessment of fracture risk in a patient with osteoporosis
   3. Current treatment modalities in the treatment of osteoporosis and osteopenia

9:25 – 9:35 am Section Q & A

9:35 – 10:00 am Break

Section 2 – Selected Topics Section – Fred Toffel, MD, FACP, FACE; Moderator
10:00 – 10:35 am Pituitary Tumors and Incidentalomas
Bijan Ahrari, MD
Objectives:
   1. Review the epidemiology and pathogenesis of functioning and non-functioning pituitary tumors
   2. Overview the evaluation and management of pituitary tumors
3. Discuss the approach to pituitary incidentalomas

10:35 – 11:10 am **Adrenal Disorders**
Rong R. Guo, MD, PhD
Objectives:
1. Workup for adrenal incidentaloma
2. Diagnose and treat adrenal insufficiency
3. Workup for Cushing, primary aldosteronism and pheochromocytomas

11:10 – 11:45 am **Hypogonadism and testosterone treatment**
John Seibel, MD, FACP, MACE
Objectives:
1. Identify how to decide if treatment is indicated
2. Recognize available treatment regimens
3. Identify the pros and cons of therapy

11:45 – 11:55 am **Section Q & A**

11:55 – 12:10 pm **Post Session Attendee Assessment**
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

12:35 – 1:30 pm **Lunch**

**Section 3 – Thyroid Lecture – Lisa Abbott, MD; Moderator**

1:30 – 1:45 pm **Pre-Session Attendee Assessment**
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

1:45 – 2:05 pm **Evaluation and Management of Thyroid Nodules**
Samer Nakhle, MD, FACE, ECNU
Objectives:
1. Describe the significance of incidental thyroid nodules
2. Delineate the indications for thyroid biopsy
3. Review the thyroid nodule evaluation algorithm

2:05 – 2:40 pm **Hypothyroidism and Hyperthyroidism**
John Sutton, DO, FACOI, FACE, CCD
Objectives:
1. Delineate the use of common thyroid function testing
2. Describe the imaging plan in hyperthyroidism and hypothyroidism
3. Discuss the hazards of under-treatment in hyperthyroidism and hypothyroidism

2:40 – 2:50 pm **Section Q & A**

2:50 – 3:00 pm **Break**

**Section 4- Diabetes Section – Kenneth Izuora, MD, MBA, FACE; Moderator**

3:00 – 3:35 pm **Diagnosis and Non-Pharmacologic Management of Diabetes**
David J. Howard, MD, PhD, FACP
Objectives:
1. Discuss the screening for the diagnosis of type 2 diabetes
2. Explain the impact of diet and lifestyle change on glycemic control
3. Describe the surgical options which may enhance diabetes management

3:35 – 4:20 pm  Pharmacologic Options for the Management of Diabetes Mellitus
Nick Verretti, MD
Objectives:
1. Review the current clinical practice guidelines as well as the use of newer agents for the pharmacological management of type 2 diabetes mellitus
2. Recognize patients with contraindications and adverse reactions associated with the different pharmacologic agents available in the management of diabetes mellitus
3. Discuss the process for identifying diabetic patients that require insulin, the process of initiating insulin and the available agents

4:20 – 4:55 pm  Lipid Management in Primary Care
Omid Rad Pour, MD
Objectives:
1. Recognize the main groups of patients who will benefit from statin therapy
2. The indications for statin therapy
3. The use of non-statin lipid lowering medications

4:55 – 5:05 pm  Section Q & A

5:05 – 5:20 pm  Post Session Attendee Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

5:20 pm  Wrap Up & Adjournment

Sunday, September 25, 2016 – NV AACE Annual Meeting

8:00 – 8:50 am  Registration and Breakfast

8:50 – 9:10 am  Welcome & Pre-Meeting Assessment
Objectives:
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

9:10 – 10:00 am  Obesity and the Continuum of Dysglycemia, Prediabetes and Diabetes
Sam Dagogo-Jack, MD, DM, FRCP, FACE
Objectives:
1. Discuss the role of obesity in the integrated pathophysiology of dysglycemia
2. Review lifestyle and multimodality interventions for reversal of dysglycemia
3. Recall the pharmacological treatment of obesity and future directions in early intervention

10:00 – 10:10 am  Questions and Answers

10:10 – 11:00 am  Thyroid Cancer: How will the 2015 ATA Guidelines affect management
Peter Singer, MD, FACE
Objectives:
1. Identify advances in the surgical management of thyroid cancer
2. Recognize changes and advances in endocrine management of thyroid cancer
3. Be able to modify current practice in diagnosis and management of thyroid cancer

11:00 - 11:10 am  Questions and Answers
11:10 – 11:20 pm  Post Meeting Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

11:20 – 12:00 pm  NV-AACE Chapter Business Meeting

12:00 – 12:15 pm  Closing Remarks & Adjournment