XIX ANNUAL INTENSIVE COURSE ON DIABETES, ENDOCRINOLOGY AND METABOLIC DISEASES

PRELIMINARY PROGRAM

COURSE DESCRIPTION:

This program will offer participants, being endocrinologists or physicians interested in Endocrinology updates of thyroid disorder based on clinical evidence, including symptoms, tools for an appropriate diagnosis, pharmalogical and non-pharmacological interventions with the most recent algorithms and recommendations including medications, dosage and appropriate follow-up. The objective is to combine teaching conferences with workshops in order to offer participants the possibility of exchanging ideas, physiopathological and clinical concepts with the panelists. Participants are invited to present clinical endocrinology cases from their own private practice in a special session. These cases must be submitted in writing, via email to: dmcurso@aace.com.

OVERALL COURSE OBJECTIVES:

Upon the conclusion of this course participants will be able to:

- Identify endocrinology diseases seen in the clinical practice.
- Identify risk factors as well as laboratory, radiographic and other tests based in the most recent advances.
- Evaluate the appropriate use and interpretation of endocrinology laboratory tests.
- Develop individual treatment strategies utilizing evidence based medicine and algorithms of treatment for patients with endocrinology disorders.
Wednesday, December 13, 2017

10:00 am  Registration Starts

1:00 - 1:10 pm  Welcome: Dr. Jaime Davidson & Jorge H. Mestman

1:10 - 5:30 pm  Moderator: Jorge H. Mestman, MD

1:10 - 1:55 pm  Differential Diagnosis Of Lesions Of The Pituitary Gland
Alejandro Ayala, MD

1:55 - 2:30 pm  Testosterone and Cardiovascular Disease
Celso Gomez-Sanchez, MD

2:40 - 3:15 pm  ATA Thyroid And Pregnancy Guidelines 2017
Jorge H. Mestman, MD

3:15 - 3:40 Pm  Coffee Break

3:40 - 4:40 Pm  Case Presentations By The Audience
Moderator: Jorge H. Mestman, MD
Panel: Alejandro Ayala,MD; Jaime Davidson,MD; Celso Gomez-Sanchez, MD

4:40 - 5:30 pm  Challenges In The Evaluation Of Adrenal Tumors
Moderator: Dr. Mestman
Panel: Alejandro Ayala,MD; Jaime Davidson, MD; Celso Gomez-Sanchez, MD; Carmen Solorzano, MD

5:30 Pm  Adjourn

Thursday, December 15, 2017

7:00 – 8:00 am  Continental Breakfast

7:50 – 8:00 am  Welcome And Program Review For The Day
Jorge H. Mestman, MD

8:00 am  Mini Symposia
Moderator: Jorge H. Mestman, MD

8:00 – 9:00 am  Medullary Thyroid Carcinoma (MTC)
Speakers: Laura Boucai, MD; Carmen Solorzano, MD; Antonio Bianco, MD
a. Clinical Presentation-Sporadic Vs. Familiar
b. Multiple Endocrine Neoplasia (Men 2A, 2B)
c. Genetics And Molecular Issues
d. Risk Of MTC in DM2 Treated with GLP-1 Agonists
e. Laboratory Evaluation
f. Serum Calcitonin Measurement in Thyroid Adenoma and MNG?
g. Surgical Management
h. Post Surgical Persistent Elevation in Serum Calcitonin
i. Management of Distant Metastatic Disease

9:00 - 10:00 am  **Neuroendocrine Tumors: Combined Management of Surgeons and Endocrinologists**
Speakers: Carmen Solorzano, MD; Laura Boucai, MD; Alejandro Ayala, MD; Celso Gomez-Sanchez, MD

10:30 - 11:00 am  **Coffee Break with Faculty**

11:00 - 11:45 am  **Review Of 2017 Thyroid Literature**
Antonio Bianco, MD

11:45 am -12:30pm  **Polycystic Ovarian Syndrome, Update In Diagnosis And Treatment**
Ricardo Azziz, MD

12:30 - 1:30 pm  **Lunch**

1:40- 2:25 pm  **Osteoporosis 2017; Risk Factors, Medical Evaluation And Management**
Silvina Levis-Dusseau, MD

2:25-3:25 pm  **Workshops:**

1. **Hypercalcemia: Case Presentations**
   Silvina Levis-Dusseau, MD

2. **Thyroid Nodules: Case Presentations**
   Laura Boucai, MD, Carmen Solorzano, MD

3. **Amediorone And Thyroid Dysfunction**
   Antonio Bianco, MD

4. **Menopausia Prematura: Case Presentations**
   Ricardo Azziz, MD

5. **Endocrine Emergencies: A Potpourri**
   Alejandro Ayala, MD; Celso Gomez-Sanchez, MD

3:25 - 3:45 pm  **Coffee Break**

3:45 - 4:45 pm  **Repeat Workshops**

1. **Hypercalcemia: Case Presentations**
   Silvina Levis-Dusseau, MD
2. Thyroid Nodules: Case Presentations  
Laura Boucai, MD, Carmen Solorzano, MD

3. Amediorone And Thyroid Dysfunction  
Antonio Bianco, MD

4. Menopausia Prematura: Case Presentations  
Ricardo Azziz, MD

5. Endocrine Emergencies: A Potpourri  
Alejandro Ayala, MD; Celso Gomez-Sanchez, MD

4:45 - 5:30 pm  
Hirsutism: Clinical Presentation, Laboratory Evaluation And Management  
Ricardo Azziz, MD

5:30 pm  
Adjourn

5:30 pm  
Reception

Friday, December 15, 2017

8:00 am  
Welcome Remarks And Review Of Day’s Program  
Moderator: Jaime A. Davidson, MD

8:10 - 8:50 am  
Epidemiology Of Cardiovascular Disease In Diabetes  
Francisco Pasquel, MD

8:50 - 10:45 am  
Studies in Cardiovascular Disease Prevention in Patients with Type 2 Diabetes  
Panel: Kenneth Cusi, MD; Guillermo Umpierrez, MD; Bresta Miranda-Palma, MD; Francisco Pasquel, MD; Jaime Davidson, MD

8:50 - 9:10 am  
What We Learned from the DPP-4s: Savor, Examine and Tecos Trials

9:10 - 9:30 am  
What We Learned from the GLP-1s: Lixi & Leader

9:30 - 10:15 am  
The Latest On Canvas and EMPA-REG

10:15 - 10:45 am  
Faculty Discussion: What’s After Metformin? Questions From the Audience

10:45 - 11:15 am  
Coffee Break With Faculty & Exhibitors

11:15 am – 12:15 pm  
Workshops

1. Diabetic Foot Cases  
Bresta Miranda-Palma, MD
2. **HIV Cases and Diabetes**  
   Francisco Pasquel, MD

3. **How to Get the Most From the New Diabetes Technology in Daily Practice**  
   Ingrid Libman, MD

4. **Management of the Hospitalized Elderly**  
   Guillermo Umpierrez, MD

5. **Fatty Liver Cases**  
   Kenneth Cusi, MD

12:30 - 1:30 pm  
**Lunch with the Faculty**

1:30 pm - 2:30 pm  
**Repeat Workshops**

1. **Diabetic Foot Cases**  
   Bresta Miranda-Palma, MD

2. **HIV Cases and Diabetes**  
   Francisco Pasquel, MD

3. **How to Get the Most From the New Diabetes Technology in Daily Practice**  
   Ingrid Libman, MD

4. **Management of the Hospitalized Elderly**  
   Guillermo Umpierrez, MD

5. **Fatty Liver Cases**  
   Kenneth Cusi, MD

2:30 - 3:10 pm  
**Diabetic Foot: What The Endocrinologist Should Know**  
   Bresta Miranda-Palma, MD

3:10 - 3:40 pm  
**Coffee with Faculty and Exhibitors**

3:40 - 4:20 pm  
**Fatty Liver: What The Endocrinologist Should Know**  
   Kenneth Cusi, MD

4:20 - 5:00 pm  
**How Can Guidelines Help Us?**  
   Guillermo Umpierrez, MD

5:00 - 5:15 pm  
**Adjournment And Comments**

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**Saturday, December 16, 2017**
<table>
<thead>
<tr>
<th>Time</th>
<th>Event Title</th>
<th>Speaker(s)</th>
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<tbody>
<tr>
<td>8:00 - 8:10 am</td>
<td>Welcome Remarks and Review of the Day’s Program</td>
<td>Jaime Davidson, MD</td>
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<tr>
<td>8:10 - 8:50 am</td>
<td>Oral Medications And Injectables Approved For Children And Teens</td>
<td>Ingrid Libman, MD</td>
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<td>8:50 - 9:50 am</td>
<td>Dyslipidemia In Obesity and Type 2 Diabetes: Management And Treatment</td>
<td>Kenneth Cusi, MD</td>
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<td>9:30 - 10:00 am</td>
<td>Coffee Break &amp; Certificates</td>
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<td>Management of the Patient with Diabetes and AIDS</td>
<td>Francisco Pasquel, MD</td>
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<tr>
<td>10:10 - 10:50 am</td>
<td>Guidelines For The Management Of Diabetes: The Good, The Bad And The Ugly</td>
<td>Guillermo Umpierrez, MD</td>
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<td>10:50 am - 12:00 pm</td>
<td>Latest In Diabetes Technology</td>
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<td>Latest In Diabetes Technology in Adults</td>
<td>Bresta Miranda-Palma, MD</td>
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<td>11:20 - 11:50 am</td>
<td>Latest In Diabetes Technology in Children and Teens</td>
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<td>11:50 am - 12:00 pm</td>
<td>Questions</td>
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<td>12:00 - 12:15 pm</td>
<td>Adjournment &amp; Closing Remarks</td>
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