

XIX ANNUAL DAVIDSON-MESTMAN INTENSIVE COURSE ON DIABETES, ENDOCRINOLOGY AND METABOLIC DISEASES

PRELIMINARY PROGRAM

Wednesday, December 13, 2017 to Saturday, December 16, 2017
Miami, FL

COURSE DESCRIPTION:

This program will offer participants, being endocrinologists or physicians interested in Endocrinology updates of thyroid disorder based on clinical evidence, including symptoms, tools for an appropriate diagnosis, pharmacological and non-pharmacological interventions with the most recent algorithms and recommendations including medications, dosage and appropriate follow-up. The objective is to combine teaching conferences with workshops in order to offer participants the possibility of exchanging ideas, physiopathological and clinical concepts with the panelists. Participants are invited to present clinical endocrinology cases from their own private practice in a special session. These cases must be submitted in writing, via email to: dcurso@ace.com.

OVERALL COURSE OBJECTIVES:

Upon the conclusion of this course participants will be able to:

- Identify endocrinology diseases seen in the clinical practice.
- Identify risk factors as well as laboratory, radiographic and other tests based in the most recent advances.
- Evaluate the appropriate use and interpretation of endocrinology laboratory tests.
- Develop individual treatment strategies utilizing evidence based medicine and algorithms of treatment for patients with endocrinology disorders.

TARGET AUDIENCE

This program is intended for endocrinologists, internists, family physicians and Allied Health Professionals with an interest in the diagnosis and treatment of endocrine diseases.

Wednesday, December 13, 2017

- 10:00 am **Registration Starts**
- 1:00 - 1:10 pm **Welcome: Jaime A. Davidson, MD & Jorge H. Mestman, MD**
- 1:10 - 5:30 pm **Moderator: Jorge H. Mestman, MD**
- 1:10 - 1:55 pm **Differential Diagnosis Of Lesions Of The Pituitary Gland**
Alejandro Ayala, MD
- 1:55 - 2:30 pm **Diagnosis and Treatment of Cushing's Syndrome**
Celso Gomez-Sanchez, MD
- 2:40 - 3:15 pm **ATA Thyroid And Pregnancy Guidelines 2017**
Jorge H. Mestman, MD
- 3:15 - 3:40 pm **Coffee Break**
- 3:40 - 4:40 pm **Case Presentations By The Audience**
Moderator: Jorge H. Mestman, MD
Panel: Alejandro Ayala,MD; Jaime Davidson,MD; Celso Gomez-Sanchez, MD
- 4:40 - 5:30 pm **Challenges In The Evaluation Of Adrenal Tumors**
Moderator: Dr. Mestman
Panel: Alejandro Ayala,MD; Jaime A. Davidson, MD; Celso Gomez-Sanchez, MD; Carmen Solorzano, MD
- 5:30 Pm **Adjourn**

Thursday, December 14, 2017

- 7:00 – 8:00 am **Continental Breakfast**
- 7:50 – 8:00 am **Welcome And Program Review For The Day**
Jorge H. Mestman, MD
- 8:00 – 9:00 am **Medullary Thyroid Carcinoma (MTC)**
Moderator: Jorge H. Mestman, MD
Speakers: Laura Boucai, MD; Carmen Solorzano, MD
- a. Clinical Presentation-Sporadic Vs. Familiar
 - b. Multiple Endocrine Neoplasia (Men 2A, 2B)
 - c. Genetics And Molecular Issues
 - d. Risk Of MTC in DM2 Treated with GLP-1 Agonists

- e. Laboratory Evaluation
- f. Serum Calcitonin Measurement in Thyroid Adenoma and MNG?
- g. Surgical Management
- h. Post Surgical Persistent Elevation in Serum Calcitonin
- i. Management of Distant Metastatic Disease

9:00 - 10:00 am	<p>Neuroendocrine Tumors: Combined Management of Surgeons and Endocrinologists Speakers: Carmen Solorzano, MD; Laura Boucai, MD; Alejandro Ayala, MD; Celso Gomez-Sanchez, MD</p>
10:00 - 10:30 am	<p>Coffee Break with Faculty</p>
10:30 - 11:15 am	<p>Review Of 2017 Thyroid Literature Antonio C. Bianco, MD</p>
11:15 am -12:00pm	<p>Polycystic Ovarian Syndrome: Update In Diagnosis And Treatment Ricardo Azziz, MD</p>
12:00 - 1:00 pm	<p>Lunch</p>
1:00- 1:45 pm	<p>Osteoporosis 2017: Risk Factors, Medical Evaluation And Management Silvina Levis, MD</p>
1:45-2:45 pm	<p>Workshops:</p> <p>1. Hypercalcemia: Case Presentations Silvina Levis, MD</p> <p>2. Thyroid Nodules: Case Presentations Laura Boucai, MD, Carmen Solorzano, MD</p> <p>3. Amediorone and Thyroid Dysfunction Antonio C. Bianco, MD</p> <p>4. Menopausia Prematura: Case Presentations Ricardo Azziz, MD</p> <p>5. Endocrine Emergencies: A Potpourri Alejandro Ayala, MD; Celso Gomez-Sanchez, MD</p>
2:45 - 3:05 pm	<p>Coffee Break</p>
3:05 - 4:05 pm	<p>Repeat Workshops</p> <p>1. Hypercalcemia: Case Presentations</p>

Silvina Levis, MD

2. Thyroid Nodules: Case Presentations

Laura Boucai, MD, Carmen Solorzano, MD

3. Amediorone and Thyroid Dysfunction

Antonio C. Bianco, MD

4. Menopausia Prematura: Case Presentations

Ricardo Azziz, MD

5. Endocrine Emergencies: A Potpourri

Alejandro Ayala, MD; Celso Gomez-Sanchez, MD

4:05 - 4:55 pm **Hirsutism: Clinical Presentation, Laboratory Evaluation And Management**
Ricardo Azziz, MD

4:55 pm **Adjourn**

5:00 pm **Reception**

Friday, December 15, 2017

7:00 – 8:00 am **Continental Breakfast**

8:00 am **Welcome Remarks And Review Of Day's Program**
Moderator: Jaime A. Davidson, MD

8:10 - 8:50 am **Epidemiology Of Cardiovascular Disease in Patients with Type 2 Diabetes**
Francisco Pasquel, MD

8:50 - 10:15 am **Cardiovascular Disease Prevention Studies in Patients with Type 2 Diabetes**
Moderator: Jaime A. Davidson, MD
Panel: Kenneth Cusi, MD; Guillermo Umpierrez, MD; Bresta Miranda, MD; Francisco J. Pasquel, MD

8:50 - 9:10 am **Lessons from DPP-4s Cardiovascular Outcome Trials: SAVOR, EXAMINE and TE**

9:10 - 9:30 am **Lessons from the GLP-1s: LIXI & LEADER**

9:30 – 9:50 am **The Newest Trial: CANVAS, SGLT-2i - Similarities and Differences to EMPA-Reg**

9:50 – 10:05 am **DEVOTE Trial**

10:05 - 10:15 am **Q&A**

10:15 – 10:45 am	Faculty Discussion & Audience Interaction: What's After Metformin?
10:45 - 11:15 am	Coffee Break With Faculty & Exhibitors
11:15 am – 12:15 pm	<p>Workshops</p> <p>1. Diabetic Foot Cases Bresta Miranda, MD</p> <p>2. HIV Cases and Diabetes Francisco J. Pasquel, MD</p> <p>3. How to Get the Most From the New Diabetes Technology in Daily Practice Ingrid Libman, MD</p> <p>4. Management of the Hospitalized Elderly Guillermo Umpierrez, MD</p> <p>5. Fatty Liver Cases Kenneth Cusi, MD</p>
12:30 -1:30 pm	Lunch with the Faculty
1:30 pm - 2:30 pm	<p>Repeat Workshops</p> <p>1. Diabetic Foot Cases Bresta Miranda, MD</p> <p>2. HIV Cases and Diabetes Francisco J. Pasquel, MD</p> <p>3. How to Get the Most From the New Diabetes Technology in Daily Practice Ingrid Libman, MD</p> <p>4. Management of the Hospitalized Elderly Guillermo Umpierrez, MD</p> <p>5. Fatty Liver Cases Kenneth Cusi, MD</p>
2:30 - 3:10 pm	<p>Diabetic Foot: What The Endocrinologist Should Know Bresta Miranda, MD</p>
3:10 - 3:40 pm	Coffee with Faculty and Exhibitors
3:40 - 4:20 pm	<p>Fatty Liver: What The Endocrinologist Should Know Kenneth Cusi, MD</p>

4:20 - 5:00 pm **How Can Guidelines Help Us?**
Guillermo Umpierrez, MD

5:00 - 5:15 pm **Adjournment And Comments**

Saturday, December 16, 2017

7:00 – 8:00 am **Continental Breakfast**

8:00 - 8:05 am **Welcome Remarks and Review of the Day's Program**
Jaime A. Davidson, MD

8:05 - 8:45 am **Oral Medications And Injectables Approved For Children And Teens**
Ingrid Libman, MD

8:45 - 9:25 am **Dyslipidemia In Obesity and Type 2 Diabetes: Management And Treatment**
Kenneth Cusi, MD

9:25 – 9:45 am **Coffee Break & Certificates**

9:45 - 10:25 am **Management of the Patient with Diabetes and HIV**
Francisco J. Pasquel, MD

10:25 - 11:05 am **Guidelines For The Management Of Diabetes: The Good, The Bad And The Ugly**
Guillermo Umpierrez, MD

11:05 am - 12:15 pm **Latest In Diabetes Technology**

11:05 – 11:35 am **Latest In Diabetes Technology in Adults**
Bresta Miranda, MD

11:35 - 12:05 pm **Latest In Diabetes Technology in Children and Teens**
Ingrid Libman, MD

12:05 – 12:15 pm **Questions and Answers**

12:15 pm **Adjournment & Closing Remarks**