California Chapter of the American Association of Clinical Endocrinologists  
Hot Topics in Diabetes and Endocrinology for Primary Care

Walnut Creek Embassy Suites  
1345 Treat Blvd • Walnut Creek, CA 94597

August 6, 2016

Agenda

7:00 – 7:50 AM  Breakfast / Registration

7:50 – 8:10 AM  Welcome & Pre Meeting Assessment  
Objectives:  
1. After participating in a pre-meeting assessment tool, attendees will be able to recognize areas of potential shortcoming and strive to improve knowledge and consequential healthcare practices.

8:10 – 10:00 AM  Diabetes Update  
Etie Moghissi, MD, FACP, FACE; William Zigrang, MD, CCD, FACE  
Objectives:  
1. Describe the mechanism of action, risks, and benefits of newer anti-diabetes medications and their place within the continuum of treatment.  
2. Identify opportunities to meet and exceed quality indicators for diabetes care.  
  • Incretin Rx (DPP4's and GLP-1) Therapy / Q&A  
  • SGLT2 Inhibitors Potential and Pitfalls / in T2DM Treatment: Evaluating options and incorporating guideline recommendations / Q&A  
  • Where Do Modern Insulins Fit in Diabetes Practice? / Q&A

10:00 – 10:30 AM  Break

10:30 – 11:00 AM  Updates on Obesity Management: From guidelines to practical therapies  
Yehuda Handelsman, MD, FACP, FNLA, FACE  
Objectives:  
1. Discuss opportunities for screening, diagnosing, and managing obesity  
2. Describe current obesity-related clinical guidelines and identify opportunities to integrate them into daily practice  
  • Review newly released obesity treatment recommendations and their impact on practice  
  • Assess the place in therapy of pharmacologic options in obesity management

11:00 – 11:10 AM  Q&A

11:10 – 11:40 PM  New Approaches to Cardiovascular Risk Management  
Chris Guerin, MD, FNLA, FACE  
Objectives:  
1. Understand why we have to move beyond LDL-C to lower risk further  
2. Incorporate new agents to lower LDL cholesterol into a treatment paradigm  
3. Be able to recommend optimal dietary regimens for patients with diabetes and cardiovascular risk factors.

11:40 – 11:50 PM  Q&A

11:50 – 12:20 PM  "To Replace or Not to Replace, that is the Question"  
Herb Rettinger, MD, FACE  
Objectives:  
1. Discuss the use of testosterone replacement and postmenopausal hormonal therapy in clinical practice, including the most appropriate patient populations and the most recent evidence on their risks and benefits  
  • The endocrinology of normal aging in both men and women  
  • How to identify and treat men who have hypogonadism without causing harm  
  • Weighing the risks and benefits of postmenopausal hormonal therapies in women
12:20 – 12:30 PM  Q&A

12:30 – 12:45 PM  Post Meeting Assessment
Objectives:
1. At the conclusion of the meeting, attendees will be able to measure learning that occurred that will enable the use of new healthcare techniques and practices and to review or confirm existing care modalities.

12:45 PM  Adjourn