

Journey For Patients With Thyroid Disease



Prevalence

20+ million

Approximate number of Americans with a thyroid condition.



Of the estimated 20+ million Americans who have a thyroid condition, 60% are not aware of it.



Number of women who will develop a thyroid disorder during her lifetime.

Hypothyroidism
(underactive thyroid)

Causes

Hyperthyroidism
(overactive thyroid)

Hashimoto's disease: The most common cause of hypothyroidism in the U.S.

Nearly 5%: Approximate percentage of Americans over 12 years of age with hypothyroidism.



Graves' disease: The most common cause of hyperthyroidism in the U.S.

1%: Approximate percentage of Americans aged 12 and over with hyperthyroidism.

Management

Endocrinologist: A doctor who specializes in diagnosing and treating hormone-related conditions, including thyroid diseases.

[Find endocrine care near you](#)



There are **28,000+** health care professionals in the **AAACE Endocrine Community.**

Most thyroid diseases are lifelong conditions that can be managed with medical attention and shared decision-making with your healthcare professional.



Visit the

[AAACE Journey For Patients With Thyroid Disease](#)



for a roadmap of up-to-date information, resources, and tools to navigate your condition, treatment plan, and wellness goals.

Support provided in part by:

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