

# Journey For Patients With Thyroid Disease

## Prevalence

**20+ million**

Approximate number of Americans with a thyroid condition.

Nearly  
**60%**

Of the estimated 20+ million Americans who have a thyroid condition, 60% are not aware of it.

**1 in 8**

Number of women who will develop a thyroid disorder during her lifetime.

**Hypothyroidism**  
(underactive thyroid)

## Causes

**Hyperthyroidism**  
(overactive thyroid)

**Hashimoto's disease:** The most common cause of hypothyroidism in the U.S.

**Nearly 5%:** Approximate percentage of Americans over 12 years of age with hypothyroidism.



**Graves' disease:** The most common cause of hyperthyroidism in the U.S.

**1%:** Approximate percentage of Americans aged 12 and over with hyperthyroidism.

## Management

**Endocrinologist:** A doctor who specializes in diagnosing and treating hormone-related conditions, including thyroid diseases.

[Find endocrine care near you](#)



There are **28,000+** health care professionals in the **AACE Endocrine Community.**

Most thyroid diseases are lifelong conditions that can be managed with medical attention and shared decision-making with your healthcare professional.



Visit the

[\*\*AACE Journey For Patients  
With Thyroid Disease\*\*](#)



for a roadmap of up-to-date information, resources, and tools to navigate your condition, treatment plan, and wellness goals.



Support provided in part by:

**abbvie**