COURSE DESCRIPTION:

This program will offer participants, being endocrinologists or physicians interested in Endocrinology, updates of thyroid disorder based on clinical evidence, including symptoms, tools for an appropriate diagnosis, pharmaological and non-pharmacological interventions with the most recent algorithms and recommendations including medications, dosage and appropriate follow-up. The objective is to combine teaching conferences with workshops in order to offer participants the possibility of exchanging ideas, physiopathological and clinical concepts with the panelists. Participants are invited to present clinical endocrinology cases from their own private practice in a special session. These cases must be submitted in writing, via email to: dmcurso@aace.com.

WEDNESDAY, DECEMBER 7, 2016

10:00 am  Registration

1:00 - 1:10 pm  WELCOME
Jaime Davidson, MD; Jorge H. Mestman, MD

1:10 - 5:30 pm  Moderator: Jorge H. Mestman, MD

1:10 – 1:55 pm  Diseases of the Adrenal Gland: Clinical and Laboratory Diagnosis in the Outpatient Setting
Celso Gomez-Sanchez, MD

1:55 - 2:40 pm  Functioning Tumors of the Pituitary Gland: Hormonal Evaluation
Alejandro Ayala, MD

2:40 - 3:25 pm  Graves’ Disease: Diagnosis and Management in Women During Their Reproductive Age
Jorge H. Mestman, MD

3:25 - 3:50 pm  COFFEE BREAK

3:50 - 4:35 pm  Evaluation of Women with Primary Amenorrhea: When and How
Alejandro Ayala, MD
4:35 - 5:30 pm  Audience Presentation of Clinical Decisions in Patients with Endocrinopathies  
Moderator: Jaime Davidson, MD  
Panel: Alejandro Ayala, MD; Jaime Davidson, MD; Celso Gomez-Sanchez, MD

5:30 pm  ADJOURN

THURSDAY, DECEMBER 8, 2016

7:00 – 8:00 am  Continental Breakfast

7:50 – 8:00 am  Welcome and Program Review for the Day  
Jorge Mestman, MD

8:00 - 11:35 am  Moderator: Jorge Mestman, MD

8:00 - 8:45 am  Risk Factors to be Considered in Patients Diagnosed with Thyroid Cancer  
Laura Boucai, MD

8:45 – 9:30 am  Indications for Lobectomy in Patients with Thyroid Cancer  
Carmen Solorzano, MD

9:30 - 10:15 am  Management of Hypothyroidism in The Elderly  
Antonio Bianco, MD

10:15 - 10:45 am  COFFEE BREAK

10:45 – 11:20am  Hormonal Management in the Transgender Population  
Silvina Levis-Dusseau, MD

11:20 – 12:30pm  Panel Discussion: Thyroid Cancer Cases  
Moderator: Jorge H. Mestman, MD  
Antonio Bianco, MD; Celso Gomez-Sanchez, MD; Laura Boucai, MD; Carmen Solorzano, MD

12:30 - 1:30 pm  LUNCH

1:40 - 2:40 pm  Workshops:

1. Hypoparathyroidism: Endocrine Society 2016 Guidelines  
Silvina Levis-Dusseau, MD

2. Thyroid Cancer: Surgical and Medical Management  
Laura Boucai, MD; Carmen Solorzano, MD

3. Subacute and Acute Thyroiditis  
Antonio Bianco, MD

4. Cases of Endocrine Hypertension  
Celso Gomez-Sanchez, MD
5. Pituitary Incidentaloma, Case Presentation
Alejandro Ayala, MD

2:40 – 3:00 pm COFFEE BREAK

3:00 - 4:00 pm Repeat Workshops

1. Hypoparathyroidism: Endocrine Society 2016 Guidelines
Silvina Levis-Dusseau, MD

2. Thyroid Cancer: Surgical and Medical Management
Laura Boucai, MD; Carmen Solorzano, MD

3. Subacute and Acute Thyroiditis
Antonio Bianco, MD

4. Cases of Endocrine Hypertension
Celso Gomez-Sanchez, MD

4:10 – 4:45 pm Pediatric Endocrinology
Moderator: Jorge H. Mestman, MD
Ingrid Libman, MD

4:45 pm ADJOURN

5:00 pm RECEPTION

FRIDAY, DECEMBER 9, 2016

7:00 – 8:00 am Continental Breakfast

8:00 - 8:05 am WELCOME AND PROGRAM REVIEW FOR THE DAY

8:05 - 10:05 am Review of Completed Cardiovascular Outcomes Trials in Type 2 Diabetes, Practical Applications
Moderator: Jaime Davidson, MD

8:10 – 9:10 am Panelists: Jaime Davidson, MD; Israel Hartman, MD; Ernesto Bernal-Mizrachi, MD; Jorge Mestman, MD; Guillermo Umpiérrez, MD

ORIGEN: 10 MIN
SAVOR: 10 MIN
EXAMINE: 10 MIN
TECOS: 10 MIN
EMPA-Reg: 10 MIN
LEADER: 10 MIN

9:10 - 9:35 am Panel Discussion
9:35 – 10:05 am  Question and Answer Session

10:05 - 10:30 am  COFFEE BREAK

10:30 - 11:00 am  A Critical Revision of the Recommendations for Blood Pressure in Patients with Diabetes
Celso Gomez-Sanchez, MD

11:00 - 11:15 am  Question and Answer Session

11:15 - 12:15 pm  Workshops

1. Tests to Detect Pre-Diabetes and Diabetes in Latinos: Differences Between Women and Men
   Larissa Aviles-Santa, MD

2. What is the Correct Treatment for our Very Old Patients with Type 2 Diabetes?
   Guillermo Umpiérrez, MD

3. Everything you Wanted to Ask About SGLT-2 Inhibitors
   Ernesto Bernal-Mizrachi, MD; Jaime Davidson, MD

4. What Is the Role of Present Available Lipid Lowering Drugs?
   Israel Hartman, MD

12:15 - 1:30 pm  LUNCH

1:30 - 2:30 pm  REPEAT WORKSHOPS

2:30 - 3:00 pm  The Role of Pcsk-9 in the Treatment of Dyslipidemias in Patients with Type 2 Diabetes
   Israel Hartman, MD

3:00 - 3:10 pm  QUESTIONS AND ANSWERS SESSION

3:10 - 3:30 pm  COFFEE BREAK

3:30 - 4:00 pm  What Happens if SMBG Gets Disrupted in Patients with Type 2 Diabetes on Insulin
   Jaime A. Davidson, MD

4:00 - 4:10 pm  QUESTIONS AND ANSWERS SESSION

4:10 - 4:40 pm  Are There Better Alternatives in the Treatment of Hospitalized Patients with Type 2 Diabetes?
Guillermo Umpiérrez, MD

4:40 - 4:50 pm  QUESTIONS AND ANSWERS SESSION

4:50 - 5:20 pm  Genetic Forms of Diabetes
                Ernesto Bernal-Mizrachi, MD

5:20 - 5:30 pm  QUESTIONS AND ANSWERS SESSION

5:30 pm  CONCLUSIONS AND REVIEW OF SATURDAY’S PROGRAM

SATURDAY, DECEMBER 10, 2016

7:00 – 8:00 am  Continental Breakfast

8:00 - 8:10 am  Introduction and Announcements
                Jaime Davidson, MD

8:10 - 8:50 am  GLP-1’s or Prandial Insulin
                Speakers: Israel Hartman, MD; Ernesto Bernal-Mizrachi, MD

8:50 - 9:00 am  QUESTION AND ANSWER SESSION

9:00 - 9:20 am  Management of the Patient with Diabetes after Bariatric Surgery
                Leonor Corsino, MD

9:20 - 9:30 am  QUESTIONS AND ANSWERS SESSION

9:30-10:00 am  New Treatment Combinations in Type 2 Diabetes: Insulin + GLP-1’S AND GLP-1’S + SGLT-2’S
                Guillermo Umpiérrez, MD

10:00 - 10:10 am  QUESTIONS AND ANSWERS SESSION

10:10 - 10:30 am  COFFEE BREAK

10:30 - 11:00 am  Immunizations 2016 for Patients with Diabetes
                Jaime Davidson, MD

11:00 - 11:10 pm  QUESTION AND ANSWER SESSION

11:10 - 11:40 am  The ABC’S of Diabetes in Latinos
                Larissa Aviles-Santa, MD

11:40 - 11:50 pm  QUESTION AND ANSWER SESSION

12:00 pm  MEETING ADJOURNS AND ANNOUNCEMENTS FOR 2017