Acromegaly: Questions to Ask Your Health Care Professional

When addressing your health concerns and personal treatment plan, it can be helpful to ask your health care professional specific questions. Below are a variety of questions to help you get started.

- What is acromegaly?
- What does the pituitary gland do?
- Is acromegaly a type of cancer?
- How serious is acromegaly?
- What's my long-term outlook once I'm being treated for acromegaly?
- Can having acromegaly shorten my life?
- What are the risk factors for acromegaly?
- How common is acromegaly?
- What are potential complications of acromegaly?
- Should I be screened for any potential complications?
- What causes acromegaly?
- Does acromegaly tend to run in families?
- How is acromegaly different from gigantism?
- What are the signs and symptoms of acromegaly?
- Can acromegaly cause hair loss?
- How can having acromegaly affect my mental health?
- Can the symptoms of acromegaly be reversed?

RECORDATI RARE DISEASES
Focused on the Few®

aace.com/acromegaly

AACE®

- How large is my tumor, and what does that mean for its likelihood to respond to treatment?
- How is acromegaly diagnosed?
- Will I need a doctor's assistance to interpret test results?
- Why is acromegaly diagnosis often delayed?
- How can a delayed diagnosis of acromegaly impact my health?
- Based on my test results and symptoms, can you estimate how long I've had acromegaly?
- What types of doctors care for patients with acromegaly?
- How is acromegaly treated?
- What happens during surgery for acromegaly?
- What are the risks of surgery for acromegaly?
- What does recovery look like following surgery for acromegaly?
- Are there any restrictions post-surgery and for how long?
- What activities should I avoid after surgery, and for how long?
- What physical and emotional support and resources are available after surgery?
- What types of medications are used to treat acromegaly, and how do they work?
- Are acromegaly medications typically taken by injection or as pills?
- What are the side effects of acromegaly medications?
- Are acromegaly medications expensive? Can I receive financial assistance?
- How is radiation therapy used to treat acromegaly?
- What are the side effects of radiation therapy?
- If I get radiation therapy for acromegaly, does that mean I have cancer?
- How do you determine which acromegaly treatment — or combination of treatments — is right for me?
- Are there clinical trials studying treatments for acromegaly?
- Where do I find out about clinical trials for acromegaly?
- Is there a cure for acromegaly?
- How will I be monitored moving forward? What types of tests will be involved?
- What symptoms should prompt me to call you or my specialist between appointments?
- What should I do if a medication isn't working or symptoms return between treatments?
- Should I stay active or take it easy?
- What lifestyle changes could I make to help manage my symptoms?
- Where can I connect with other people living with acromegaly?