

DIABETES PASSPORT



American Association of Clinical Endocrinologists
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 www.aace.com
 www.powerofprevention.com

The AACE Minority Health Affairs Committee announces the availability of the AACE Diabetes Passport, which was adapted from a similar model used by the Cleveland Clinic Foundation. The passport serves as an important tool to assist patients in the self-management of their diabetes by providing a reminder system to monitor and track blood glucose levels and other important health indicators.

If you would like to receive AACE Diabetes Passports for your patients, please complete the information below. **A credit card is requested to cover the expense of shipping charges only** – there is no charge for the Diabetes Passports. (Shipping charges will be based on the most cost-effective option available and you will be notified of the charges via e-mail.) **Quantities are limited - so order today!**

Please print or type the following information

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip Code: _____

Phone: _____ Email address: _____

Shipping Payment Remittance: Visa MC Amex Discover

Credit Card #: _____ Exp. Date: ____/____

Passport Bundles Requested (50 Passports per bundle): _____

Fax back to Alysia Tampkin at 904-353-6755 or email information to atampkin@aace.com

REMINDER: BRING THIS CARD WITH YOU TO ALL DOCTOR APPOINTMENTS									
Checkpoints	AACE Standards		Patient Goals*	Date	Date	Date	Date	Date	Date
	Goal	How Often							
Blood Pressure	< 130/80	Every Visit							
Foot Exam		Every Visit							
Weight/BMI	BMI < 25	Every Visit							
A1C	≤ 6.5%	Quarterly							
Eye Exam (Dilated)	None, NPDR, PDR, ME, Other. Physician to fill-in.	Yearly		Laser Y N	Laser Y N	Laser Y N	Laser Y N	Laser Y N	Laser Y N
HDL	> 40 mg/dl	Yearly							
LDL Cholesterol	< 70 mg/dl	Yearly							
Triglycerides	< 150 mg/dl	Yearly							
Urine Test (Microalbumin)		Yearly							
Diabetes Education	Annual Refresher	As Needed							
Nutritional Counseling	Annual Refresher	As Needed							
Self Monitoring Blood Glucose	B <110 , A <140 mg/dl	As Needed							

*Goals are based on current AACE guidelines or from current available evidence for each risk factor. Check with your physician to select your appropriate goals.